

Over-the-Counter Products

(for treating Low Blood Glucose)

Product Name (Manufacturer)	Carbohydrate/Dose	Calories	Form
BD Glucose Tablets (BD)	5 g/tablet, serving size: 3 tabs	20 per tab, 60 per serving	Orange-flavored tablets.
Dex4 Glucose Gel (Can-Am Care)	15 g/tube	70 (entire tube)	Resealable tube. Fruit punch flavor.
Dex4 Glucose Tablets (Can-Am Care)	4 g/tablet	15 per tab	Ten-count tube; 50-count bottle. Six flavors (raspberry, orange, grape, watermelon, sour apple, and assorted fruit).
Dex4 Liquid Blast (Can-Am Care)	15 g/bottle	70 (entire bottle)	Glucose liquid in a 2-oz. resealable bottle. Available in lemon-lime and berry burst flavors.
GlucoBurst Glucose Gel (PBM Products)	15 g/dose (1 dose per packet)	70	Arctic cherry-flavored gel.
GlucoBurst Glucose Tablets (PBM Products)	5 g/tablet	20 per tab	Nine-count tube; 24-count bottle. Flavors: sour apple and sour cherry.
Glutose 45 (Paddock Laboratories)	15 g/dose (3-dose resealable tube)	60 per dose	Lemon-flavored gel. One tube per pack.
Glutose 15 (Paddock Laboratories)	15 g/tube	60 (entire tube)	Grape- or lemon-flavored gel. Three tubes per pack.
Various store brand glucose tablets, gel, and liquid (Can-Am Care)	4 g/tablet, 15 g/tube, 15 g/bottle	15 per tablet; 70 per 15 g gel; 70 per 2 oz. liquid	Tablets: 10-count tubes and 50-count bottles. Gel: resealable tubes. Liquid: 2-oz. resealable bottle. Various flavors. Available at Wal-Mart (ReliOn), Kroger, Kmart (Value Plus), CVS, Walgreens, Rite Aid, Publix, Target, and other stores.